



Quantum Healing Hypnosis Technique  
*as taught by*  
Dolores Cannon

Have you ever wanted to make sense of why your life has taken the route it has?

Are you curious to know if those feelings of déjà vu, of familiarity, are from some other time or place?

Do you have some perception that your fears and phobias and your strength of character has its basis in something that is out of your reach?

Under Melissa's expert guidance, your higher self will take you to past lives and what you discover will not only intrigue you but will allow a unique sense of peace and healing to enter your soul.

You may experience the feeling of hot sun on your skin or the chill of a breeze as you find another version of yourself. This multi-sensory encounter with your past lives could take many forms. You may find yourself hearing the sounds of exotic creatures that, whilst alien to you in this life, suddenly become normal and familiar. You may recognise tastes and flavours that you have never sampled in your current incarnation and hear languages that shouldn't make sense to you but somehow do. All these things will touch the core of you as your subconscious mind gently prompts you to reveal their significance...

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Quantum Healing Hypnosis Technique (QHHT) was developed by Dolores Cannon, who in her career spanning almost 50 years, became a significant voice and pioneer in past life regression. Dolores passed away in 2014, yet her teachings are continuing to help millions of people worldwide. By connecting with the Subconscious or you may refer to it as the "Oversoul", the "Higher Self" or the "Higher Consciousness"

– powerful, transformative healing can take place.

QHHT works by accessing a great and powerful part of our subconscious selves for remarkable life guidance and also physical and emotional healing. The technique induces you into the deepest of trance-like states, taking you into the furthest corners of your psyche where you can visit latent emotional traumas that have been locked away for any number of years, often dating back to previous lifetimes.

QHHT helps find answers and healing for various physical (diagnosed and un-diagnosed) and emotional concerns, life events, life questions and decisions, spiritual development and guidance, soul insights, life purpose and past life regression.

During this process of exploration, you gain incredible insight; putting pieces of the puzzle together which have been missing. Through this process, old blockages can be released and healing can occur on an emotional, spiritual, physical and mental level.

In the session we are dealing with your own powerful Subconscious (SC) mind. However, it is not the SC the way that psychologists define it; they define it as a "childish" part of the mind, the part of the mind that the hypnotist uses to stop smoking, lose weight – for habits. That is not the part of the mind we use when we do this.

The SC is so big and so huge that it knows the answers to everything. This is the part that can do the instantaneous healing and it is total love. It doesn't care what we call it, that part doesn't matter; it says it will work with us in any way.

The SC knows you. It knows everything about you. There are no secrets. It knows all about your life. It knows the plan that you came in with in this life. It knows your contracts with other people. It knows why you come for the QHHT session and what you are supposed to get from the session because it sees the bigger picture!