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NIROSHINI

Niroshini Transformative Retreat

22–25 May 2023 at Butley Priory

You are warmly invited to experience 3 spiritual, grounding nights, in luxurious surroundings, in Suffolk's beautiful countryside.

The all-women retreat, will focus on enabling personal empowerment and balanced well-being. With tailor-made treatments and time for the group to bond, it offers a safe and nurturing environment, to encourage the sharing of knowledge and personal development.

Set in the heart of Rendlesham's majestic, ancient forest, for your midweek getaway, you will have the exclusive use of the entire building. Butley was once part of a 12th-century Augustinian priory. As you enter the grounds and building, you can sense a magic in the air – a place of complete peace and tranquillity.

Highlights

- In-house Celebrity & Royal Household Chef – Tytania Rose
- Special Guest Speaker & Food Demonstrator – Pinky Lilani OBE & CBE
- Divine Feminine Sound Frequency Performer – Ingrid Fraser
- Singing Performance & Vocal Coaching – Tee Green (Vocal Coach to the Stars)
- Three night luxury accommodation
- Retreat Leader, Melissa Day will provide:
- One Niroshini Cosmetic Acupuncture Ritual (non-surgical facelift)
- One crystal healing session combined with a crystal sound bath
- Two energy based exercise classes
- Three group healing sessions (which include Reiki drumming, chakra balancing and facial acupuncture)
- Meridian Reset

We'd love for you to join us! To secure your place, please book by 1st April 2023, by emailing: info@niroshini.com

www.niroshini-acupuncture.com  [niroshini360](https://www.instagram.com/niroshini360)

