



Unnati Dasgupta

Unnati Dasgupta brings a unique musical experience to her audiences, blending Spirituality with Pop and elements of Indian Classical. To Unnati, music is a seamless sonic journey towards the light.

Unnati will be performing at Niroshini Transformative Retreats, treating guests to her beautiful, soulful and spiritual songs and will also facilitate a group “music mantra chanting” session.

Background

Born into a musical family, Unnati trained and performed with her father, Indian Classical vocalist, Nitai Dasgupta. At the tender age of 4, her first public performance was in front of an audience of 3,000 people at the Bhaktivedanta Mandir in London. Unnati's single “Baarish Mein – In the Rain” was released on “The Glastonbury Unsigned Artistes” compilation album. Since, she has performed at prestigious venues internationally, including, The Royal Albert Hall, Pizza Express Soho Jazz Club, Cadogan Hall and the Kala Ghoda Arts Festival in Mumbai.

One key career highlight for Unnati was performing “Raghupati Raaghav” at Westminster Abbey for Sir Richard Attenborough's Memorial Service.

Music Mantra Chanting

“Chanting a mantra brings you closer to your soul and towards infinity... When one chants a mantra (a repeated spiritual lyric), the vibrations raise ones consciousness. The healing power of music has the ability to impact the body, becoming medicine for the soul.

The practice of kirtan or group singing and chanting or community singing, is beneficial for one's mental health and this aspect of group singing brings a oneness of union with the divine. Chanting a powerful mantra 108 times, brings divine light internally and externally. This is the reason why mala rosary beads have 108 prayer beads.

In a world focussed on outer success, the real essence of life is to be found within, from soul consciousness, from the union with divinity”. ~ Unnati Dasgupta

To hear one of Unnati's performances, please [click here](#)